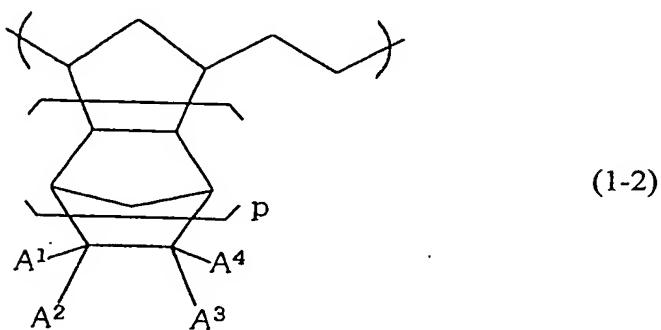
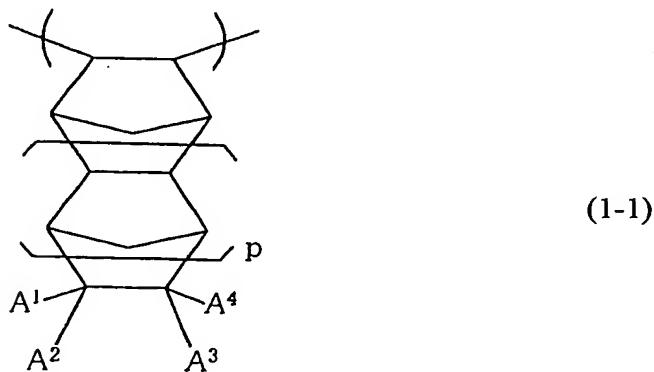


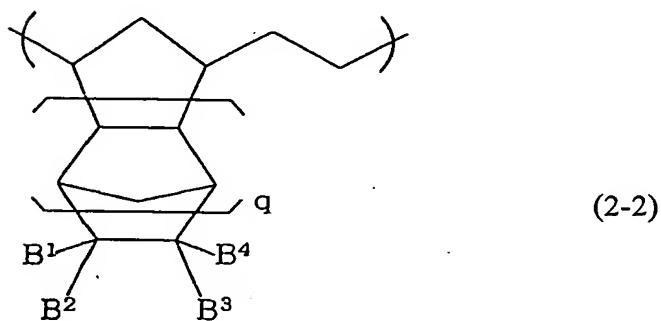
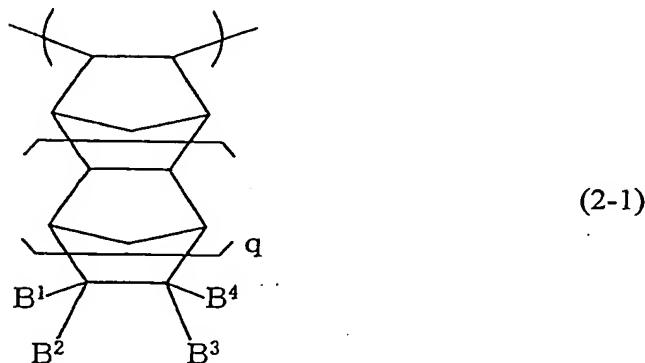
CLAIMS

1. A method for treatment of a film or sheet, which is characterized by bringing a film or sheet containing an organic polymer into contact with a gas containing a superheated water vapor.
2. The method for treatment of a film or sheet according to claim 1, wherein the organic polymer is a cyclic olefin based polymer.
3. The method for treatment of a film or sheet according to claim 2, wherein the cyclic olefin based polymer is a cyclic olefin based polymer containing a structural unit (a) represented by the following formula (1-1) or a structural unit (b) represented by the following formula (1-2):



[in the formulae (1-1) and (1-2), A¹ to A⁴ each independently represents a hydrogen atom, a halogen atom, an alkyl group having from 1 to 20 carbon atoms, a halogenated alkyl group, an aryl group, an alkoxy group, an alkoxy carbonyl group, or a cycloalkyl group having from 4 to 15 carbon atoms. Also, A¹ to A⁴ include an alkylene group, a carboimido group, and an ester group as formed from A¹ and A², A¹ and A³, or A² and A⁴. p represents an integer of from 0 to 2.]

4. The method for treatment of a film or sheet according to claim 2, wherein the cyclic olefin based polymer is a cyclic olefin based polymer containing the structural unit (a) according to claim 3 and a structural unit (c) represented by the following formula (2-1), or containing the structural unit (b) according to claim 3 and a structural unit (d) represented by the following formula (2-2):



[in the formulae (2-1) and (2-2), B^1 to B^4 each independently represents a hydrogen atom, a halogen atom, an alkyl group having from 1 to 20 carbon atoms, a halogenated alkyl group, an aryl group, an alkoxy group, an alkoxy carbonyl group, a cycloalkyl group having from 4 to 15 carbon atoms, or a hydrolyzable silyl group, and at least one of B^1 to B^4 represents a hydrolyzable silyl group. Also, B^1 to B^4 include an alkylene group formed from B^1 and B^3 , or B^2 and B^4 . q represents an integer of from 0 to 2.]

5. The method for treatment of a film or sheet according to claim 4, wherein a compound capable of generating an acid at the treatment temperature is used simultaneously.
6. The method for treatment of a film or sheet according to claim 1, wherein the organic polymer is an aromatic polymer.
7. The method for treatment of a film or sheet according to claim 6, wherein the aromatic polymer has a sulfonic group.
8. The method for treatment of a film or sheet according to any one of claims 1 to 7, wherein the gas containing a superheated water vapor has a temperature of from 100 to 300 °C and a pressure of from 0.001 to 0.5 MPa.